

MAKING A WOVEN HEART

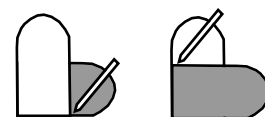
- 1 Cut two different pieces of paper that are 10" x 3" (25.4 cm x 7.6 cm). The paper needs to be a little bit more than 3 times as wide as it is tall. Choose a paper that is soft and flexible like a thick oriental paper, not a stiff card stock. Fold both pages in half vertically.



- 2 Round off the open ends as shown in the diagram.



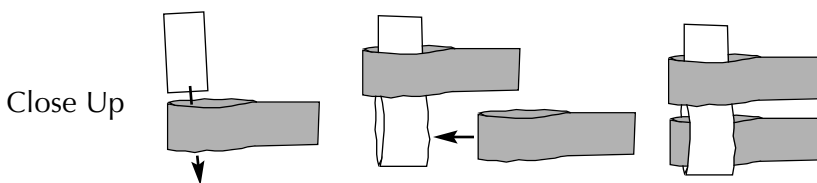
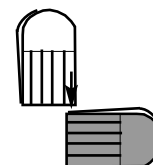
- 3 Place one piece of paper on top of the other one so that they overlap at a 90° angle. Mark the edge. Place the bottom paper on top and repeat.



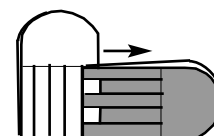
- 4 Make four evenly spaced cuts from the folded edge to the marked line on each piece of paper. The cuts divide the space into five prongs. The hearts look best with an odd number of prongs.



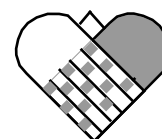
- 5 Weave the two pieces together starting with the outside strips and progressing to the bottom. Weave through the double folds, creating a hollow form as you go. The close-up diagram shows how the strips weave to the inside of each other. Photos of the weaving process can be found on Page 2.



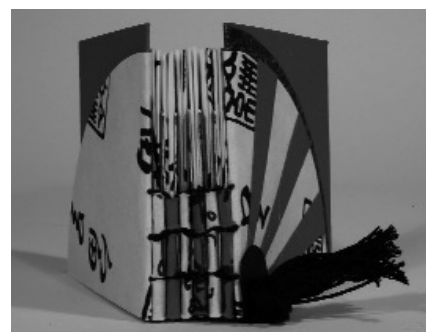
As you finish one row of weaving, slide the pieces towards the ends of the cuts in the centre of the shape. Lengthen the slits slightly if your paper is bulky in order to avoid tearing the ends of the slits.



- 6 Slide a Zentangle© tile into the pocket or make a square greeting card to fit inside. The inclusion will likely peak up in the middle making the heart look like a spring flower waiting to flower.



This pocket can also be used to make a book of heart shaped pockets that I call Lynn's Challenge. Instructions for making the book can be found in *Books With Girth*.



PHOTOS OF WEAVING PROCESS

